Let’s Get Ready For School......

The year before your child starts Prep.

- Ensure immunisation is up to date.
- Enrol your child at school.
- Attend tour of the school/information session at school.
- If your child has special needs make an appointment to see the Prep Coordinator or Principal.
- Ensure your child attends the transition program at Bannockburn.
- Attend the information session for parents.
  - Find out about school programs
  - Uniforms
  - Meet other parents
  - Grade allocations
  - School hours
  - School procedures
  - An opportunity to ask any questions
- Look at our school’s website for current events and information. www.bannockburnps.vic.edu.au
- Try to organise for your child to play with other children who will be starting school next year.

Hints

Establish a routine with a set bedtime to ensure your child gets enough sleep.

Encourage your child to dress themselves so they can manage things like taking jumpers off at school.

Give your child practice at opening lunch boxes food packaging, drinks etc.

Early (January) in the first year of school

- Organise school uniform and shoes.
- Write your child’s name on everything for school including their shoes, lunch boxes, jackets etc.
- Teach your son to use a urinal.
- Make sure you have the school’s phone number – 52811755
- Download the school APP for your phone

Hints

Look for easy fasteners when choosing shoes, bags and clothing.

Personalise their school bag with a large tag that is easily recognised.

Pack a picnic lunch and snack during the holidays to ensure your child can manage wrappers and containers.
The night before the first day of school
☐ Lay out your child’s clothes, shoes and socks ready for them to get dressed.
☐ Help your child to pack their school bag.
☐ Pack a spare pair of underpants and a change of clothes in a plastic bag. Let the child know these are in their bag in case they have any toilet accidents.
☐ Ensure your child goes to bed at a suitable time.

The first day of school
☐ Pack your child’s 
  brain food, snack and lunch. Ensure your child knows which is which.
☐ Tie long hair back from your child’s face.
☐ Ensure a school hat is worn.
☐ Apply sunscreen to your child.
☐ Bring your camera.
☐ Come along to the PFA morning tea after dropping off your child.

Hints
Be positive about the first day.

Allow plenty of preparation time in the morning.

Arrive at school at least 10 minutes before the bell so your child can settle into activities and to allow time to say goodbye.

Reassure your child that you will be back to pick them up later in the day.

If you are unable to pick up your child, make sure your child and their teacher knows who is picking them up and where.

Ensure you know where to pick up your child. (The teachers will tell you when you drop your child off in the morning.)

Take a photo for your album.

The first weeks of school
☐ Give your child a healthy breakfast.
☐ Ensure your child arrives at school before the bell. Make sure your child knows who will be picking them up and where.
☐ Tell the teacher if pick up arrangements are altered.
☐ Check your child’s bag with them each night.

Hints
Your child will be tired at the start of the school year so ensure he/she gets lots of sleep. Try to continue with the routine you set up.

Some children don’t realise they are at school for the long haul. (Once they’ve been at school for a while, they think, “I’ve done that. What next?”)

If your child seems reluctant to come to school:
  • Check to see if there is a genuine problem.
  • Allow plenty of preparation time in the morning.
  • Be firm but don’t let them see you getting anxious or upset.